



# Inclusiveness

Hello Parents and Guardians,

Welcome to Unit 3 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this is a pretty new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
<b>You Are Special</b>	<ul style="list-style-type: none"><li>• What makes each of us special?</li><li>• How can we celebrate our uniqueness?</li></ul>	Talk with your child about what makes them and your family special? How can you embrace the things that are “different” from everyone else?
<b>Teamwork</b>	<ul style="list-style-type: none"><li>• Why do we need to work together?</li><li>• How can teamwork help us when we are trying to finish something?</li></ul>	Brainstorm ways to work with others in the classroom, on the playground, and even at home. What does teamwork look like?
<b>Inclusiveness</b>	<ul style="list-style-type: none"><li>• How can we include others, even if we do not know them?</li><li>• Why is it important to give everyone a chance during games and other activities?</li></ul>	Discuss the connection between inclusiveness and kindness. Emphasize how including others requires kindness. We use our kind words and actions to make them feel welcome!

**Key activities we'll be doing:**

- Play cooperative musical chairs!
- Create music together!
- Practice including others!
- Use teamwork to win a game!

**If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!**

Sincerely,

## TRY THIS AT HOME!

Be on the lookout for the song sheet/link for the music we learned in class. Ask your child to help you learn it. Try to include as many people in your home as possible. How many can you include?