

# Egg Babies

Personal responsibility is often limited to frequent daily tasks and chores at this age level. However, one fun way to explore the responsibilities that parents have is to practice taking care of an “egg baby”.

**Kindness Concept(s)**

Integrity, Kindness

**Project Timeframe**

25-30 minutes

**Required Materials**

- 1 egg for each student
- Sharpie marker to write names on eggs
- materials to create egg pouches
- Band-aids

The goal of this project is to care for your “egg baby” for an entire school day while fully participating in school WITHOUT damaging your baby in any way.

- Explain that each student will become a mother or father for the entire day! We will be taking care of special egg babies to practice responsibility and ultimately show compassion and empathy for the people that helped take care of you as a baby.
- Each egg is hard boiled so there won't be any mess if the egg accidentally drops. However, your baby's shell will crack if you do not take extra special care of it. Dropping it, banging it, leaving it outside for too long, etc. will all cause damage to your little baby. BE CAREFUL.
- Brainstorm ways as a class to protect the egg babies throughout the day.
  - What does a baby need in order to be safe?
  - How can you be gentle and loving towards your egg baby today?
  - What part of our day might be particularly difficult for your egg baby? (P.E., recess, etc.)
  - What precautions can we take to help our egg babies during these dangerous times?
- Break the class up into 2 groups. At one station, ask the students decorate their egg pouch for their baby. At the other station, allow students to use sharpies to draw a face and hair on their baby. Have them write the baby's name and its parent's initials on the back of the egg (just in case they misplace their baby).
- Once every student has an egg baby in it's pouch, continue with your day as usual. In the beginning, it may be helpful to remind your class not to forget their babies. However, as your day progresses, try to remind them less and less. Check in periodically with the entire class during major transitions, such as recess, specials, lunch, etc.
- At the end of the day, check in with the class. How did your baby fare? Did any babies get cracked? If so, what happened? Did you accidentally forget your baby anywhere? Was it hard to remember your new little loved one?
  - Don't worry! I just told you about your baby today! Real mothers and fathers have 9 whole months to prepare for their babies. Even then, we still don't do everything perfectly on the first day. Give yourself a pat on the back for being responsible for your little one as best as you could! All of you did an amazing job and I am truly proud of the kind and responsible choices you made!
  - Point out examples of these choices for each person if time allows.



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The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

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